

BRIDGES

SPACES:
Retreat into an artist's
European dream garden
P. 4

ON THE SCENE:
Our best shots from
Bareheaded Ladies in
the Best Gardens **P. 16**

SHARP EATS:
Have you tried out
one of these new food
trucks? **P. 24**

WEDNESDAY, AUGUST 6, 2014

A STARPHOENIX COMMUNITY NEWSPAPER

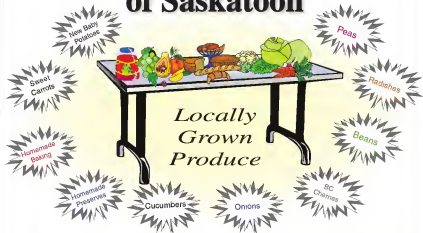


MAKING A HOME AND MAKING A DIFFERENCE

**HAIDAH AMIRZADEH'S INSPIRING
STORY OF STARTING A NEW LIFE
AND HELPING OTHERS DO THE SAME P. 6**

FREE

Community Farmers Market of Saskatoon



Locations: London Drugs on 8th Street - Tuesdays & Fridays
Peavey Mart on 51st Street - Thursdays

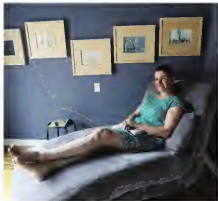
Bringing a Slice of the Country to the City

Hours of Operation: 9am to 4pm



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ON THE COVER PG. 6



Alannah Acarovich came to Canada as a political refugee in 1989. BRIDGES PHOTO BY MICHELLE BERS

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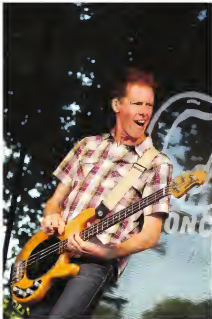
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Seaside town and Regina are full of new food trucks — which one is your favourite?

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ON THE SCENE PG. 16



Smoked Ladies bass player Aron Dinegar performing at the Cinesco-Carico Concert Series at the Boco Garden. All \$450,000 in proceeds will go to the Regal University Hospital Foundation. BRIDGES PHOTO BY MICHELLE BERS

BRIDGES COVER PHOTO BY MICHELLE BERS

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SPACES

Spaces celebrates beauty both indoors and out.
If you have a room we should see email
bridges@thestarphoenix.com

SASKATCHEWAN'S BEST SPACES

Escape into an artist's dream garden

By Jenn Sharp

WHO: Corla and Mel Jungens. Corla has led art tours to Europe and South America for the past 13 years. Along with working on their paintings and sketches at various locations on the tour, the group always visits Winnipeg too. "Because we're artists," laughs Corla.

An established artist, her water colour and acrylic paintings sell to collectors all over the world.

WHERE: In the northern part of Saskatoon, just a few blocks from the river.

WHAT: An expansive backyard retreat that brings a European feel to the space shared by the couple. The artist's touch is evident in the home, too. Corla's large and colourful canvas paintings grace the walls, but also into the garden to set a mood for this artist's work.

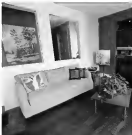
The couple's love for travel and entertaining is reflected in the garden. Framed by large trees, the eye flows easily from one element of the garden to the next, while the ear picks up the sound of water running softly through a fountain. A statue of blue terracotta Corla made from paper mache strikes a pose in one area.

The back fence is the garden's focal point — two succulent "living walls" hang next to Corla's bright acrylic painting of lilies, both the garden's icing.

"I love succulents. They're just so interesting. They've got character," she says.

The painting comes out in the spring and goes away for the winter. For it to withstand the rain Corla first treated the board and the weather-proofed the finished painting several times.

"It's really had a test this year. We've had downpours! And it's been OK," she says.



SPACES



WHEN: The Jupras bought the house 30 years ago. Six years ago, they began a renovation project which would eventually change the look of the entire house.

Once you start, it takes over the whole house," says Cecilia.

The garden has evolved a bit during that time, too. A tired dock, common in so many backyards, was a feature Cecilia didn't enjoy. She wanted a more grounded feel and a space that was easier to host guests.

WHY: When it came time for a change, the couple decided to renovate. Instead of buying a new home, they loved the area, their neighbors and the mature landscaping in their yard.

The large back courtyard now allows for long tables to accommodate the frequent backyard parties the couple hosts. A stretch of open lawn was made for playing bocce ball.

An inspiring place for the creative mind, Cecilia often invites her artist friends to bring their easels and paint in the garden all afternoon.

HOW: Cecilia does all the planting, while Mel maintains and weeds the garden.

"Mel really enjoys the garden and said it's a hobby," she smiles. "We spend a lot of time out here. In the afternoon, we'll sit and have a cup of tea and a glass of wine. Then in the evening, it's nice to sit and enjoy or have someone over for a visit."

*Julie@the10thsprings.com
Twitter.com/10thSpring*

MIST SECRET GARDEN TOUR

Aug 10-11 to 5 p.m.

A self-guided tour of seven fabulous Saskatoon gardens, including Cecilia and Mel Jupras's.

Tickets needed go towards Reat's refugee settlement programs in Saskatoon. Reservations are full available at Blossoms, Dutch Gardens and Anthology.

Next field garden for the tour monthly by door knocking — if the first year looks good there's likely to be a gaggle and just get their own design too.

"We want beautiful gardens but interesting and different — not necessarily something that's over the top. This garden is obviously spectacular though," says her neighbor, Maureen McPherson.



ON THE COVER

I don't think a day goes by that I don't appreciate being here. — *Haidah Amirzadeh*

#HAIDAH AMIRZADEH

The art of meeting halfway



Immigration lawyer Haidah Amirzadeh was seven months pregnant and didn't speak English when she came to Saskatchewan in 1989 as a political refugee from Iran. **PHOTO BY MICHAEL HODGSON**

By Alyssa McMurtry

Her thin, light pink dress swayed as the frigid November air as Haidah Amirzadeh stepped on to the tarmac of the Saskatoon airport.

She was seven months pregnant with her first child and had only the faintest notions of what her new life would bring.

It was 1989 and she had escaped Iran. Many of her family members were involved in politics and she knew she had to leave. The Canadian

government granted her status as a political refugee. After working for two years as a clerk, she could finally settle down.

She knew no English and knew no one in all of Canada, except her husband, who walked with her all the while.

When the government asked her where she would like to go in Canada, she had no preference. She wanted to leave it to fate.

The news came that she was going to Saskatoon and Amirzadeh was intrigued. The culture and spirit

ality of the aboriginals peaked her interest. And since she came from a wheat-growing region of Iran, she thought it would be an easy adjustment. No problem.

The problem was she didn't check what Saskatchewan's weather was like. When she complained about her future, she imagined it would be hot, like where the wheat grows in Iran.

"I didn't forget the shock that my body received the day I came. I felt I had been dragged in a deep freeze. That was a shocking year of my

life," said Amirzadeh, smiling in her light-filled home office, 35 years later.

That year the shock didn't stay at the weather. Six months after having a beautiful baby boy, Amirzadeh separated from her husband. They had different visions about what she would do in the future.

As the snow melted from the streets, Amirzadeh started her life as a single mom.

In Bismarck, when Amirzadeh's daughter Kinara gave birth to her daughter Englarha, those closest to Kinara begged her to give up her baby.

Bismarck's coherent policy was evident at a young age and the girl was considered brainless.

It was 10 years ago that Kinara refused to send her baby away to Iran, her husband abandoned her and her parents disowned her.

She was a single mom with a handicapped daughter and had to make her own way in the precarious economy of Bismarck.

I never would have been able to do this without
Haudah. — Eniko Anka Kincses



Haudah Amersbach holds a photo of her parents in her home in Saskatoon. (Saskatoon Phoenix) MICHELLE BARR

By 2006, Kincses was compelled to take work that made it impossible for her to care for her daughter. She placed her daughter in a state home and although she visited her often, the separations were unbearable.

Two years later, she made the decision to move to Saskatoon, where her sister had lived since 1986. After she arrived with the last of her possessions, she was welcomed by her sister and her family.

Kincses started working in a care home but a year later she quit. The Canadian government said she could stay and continue working but again, fears tried to tear her and her daughter apart.

The federal government denied the girl 'radioactively undesirable' and did not want to support Kincses's health care needs. The next day, she moved around \$10,000 per year.

The first deportation order came in 2011. Kincses contacted her lawyer — Haudah Amersbach. They battled the order for years but Kincses's deportation was imminent. On the last weekend of January 2012, they reluctantly prepared for her departure. She had to leave the country at 11 a.m. the following Wednesday.

Kincses and Amersbach scrambled to appeal. Amersbach scheduled a federal hearing and submitted up a letter of support from 300 people in Saskatoon. The case made the news and the

two were in the spotlight.

Amersbach pushed Saskatchewan's private court government to send a letter to the federal officials. The two became more hopeful on May 4th.

Tuesday, minutes before the final appeal, Kincses and Amersbach were notified the hearing wouldn't be necessary. Kincses and her daughter could stay as temporary residents.

Kincses was elated and Amersbach hit a high in her career as an immigration lawyer.

"I never would have been able to do this with our Haudah," said Kincses. She still lives in Saskatoon and hopes to start studying nursing at the university this January. "She's a goal-oriented strong woman and she came as a refuge for me."

"She's not like, 'you are a person, who's going to get me.' No, she tries to put herself in your shoes and make it easier, that way you're not afraid," said Kincses. She still meets with Amersbach from time to time to chat about their futures.

Much of the work Amersbach did in the compensated and emotional case was for her.

"On a professional level, success for me is achieving the goals I have set for myself. It's not about money if I feel my work is meaningful and benefiting others, I feel quite content and happy," said Amersbach.

Continued on Page 8

Authentic Amish Cooking



Copyright © 2008 Authentic Amish

Fudge Filled Bars

- | | |
|----------------------------------|----------------------|
| 2 C. Quick Cooking Oats | 1/4 C. Flour |
| 1 C. Powdered Brown Sugar | 1/4 C. Salt |
| 1 C. Butter or Margarine, Melted | 1 C. Peanut |
| 1 can Condensed Milk | 1 C. Chocolate Chips |
| 2 T. Shortening | 1 C. Peas M & M's |

Combine the oats, flour, brown sugar and salt. Add butter and the milk. Combine the flour, sugar and salt. Press the mixture against the walls. Bake at 350° for 20-25 minutes in a well greased and lined pan. Yield: 20-25 bars.



Overnight Coleslaw

- | | |
|---|----------------------------|
| 12 C. Shredded Cabbage (1 med. Cabbage) | 1 med. Red Pepper, chopped |
| 1 Green Pepper, chopped | 1 Carrot, shredded |
| | 1 C. Sugar |

- | | |
|--------------------|-----------------|
| Dressing: | 1/4 Salt |
| 21. Sugar | 1 C. Vinegar |
| 1/4 C. Mayonnaise | 1/4 C. Veg. Oil |
| 1/4 C. Celery Seed | |

In a large bowl combine first five ingredients. Sprinkle with sugar and mix well. In a separate container, combine dressing ingredients. Pour to coat. Gently toss well and cover and refrigerate. Use for other recipes. Dressing will separate. Mix well. Yield: 12-15 servings.



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On a professional level, success for me is achieving the goals I have set for myself. It's not about money. If I feel my work is meaningful and benefiting others, I feel quite content and happy

— Amirzadeh



Amirzadeh was attending law school when she had her two daughters, Afshin (left) and Rob.



Amirzadeh's three children: left to right, Amir, Afshin and Rob.



Amirzadeh with her daughters Afshin (left) and Rob (right) and husband Grant McConnell at their home in Saskatoon. Amirzadeh currently lives in Vancouver. PHOTOS BY MICHELLE BIRCH

I'd love to see people open up a bit and realize everyone comes from different backgrounds so that means what's acceptable for some people, isn't acceptable for others. It's the mixing of ideas that really has made Canada what it is.

— Amirzadeh



Two years after she arrived in Saskatchewan, Amirzadeh began taking classes at the University of Saskatchewan. She earned a degree in fine arts before going to law school. Photos: PhotoFrame/LEWIS

The story of how Amirzadeh became a successful lawyer and here in the immigrant community heads down to a relentless pursuit of meaningful goals.

"I never gave myself a plan. I said when you don't give yourself an alternative, you must hard because you don't have an option," she said in her

slight Persian accent.

After she gave birth to son Arash, her focus was on raising him and making Saskatoon her home. In the beginning she stayed home and watched TV and read as much as possible to learn English.

She eventually enrolled in classes at the Open Door Society where she slowly began to master her new language. Today, she serves as the gen-

dest of the organization's board of directors.

"The main thing is communication. I always tell my clients to learn English and make friends with people outside of your community. It's easy to take the steps to meet new people, but invite them to your house, go far, far away. We are actually all human beings," she said.

Amirzadeh's outgoing personality

facilitated her to build strong connections with friends she knew she had to put herself out there. Now she strongly believes that the welcoming of outsiders is beneficial to society.

"I'd love to see people open up a bit and realize everyone comes from different backgrounds so that means what's acceptable for some people, isn't acceptable for others. It's the

mixing of ideas that really has made Canada what it is," she said.

"It's the act of meeting halfway." Two years after her arrival, Amirzadeh was confident enough in herself and her English to enroll at the University of Saskatchewan. She paid her tuition by washing dishes, babysitting and delivering pizza.

Continued on Page 16

It's a challenging area of law for sure. It's whether or not someone's going to be sent back to their country, whether someone will be reunited with their spouse or if someone will be detained in their countries

—Chris Veeman



"One of our grand rituals is to go down to the beach and feed the birds," said Amersbach about her family. Husband Grant McConnell commands her artistic side. "Her work is conceptual and spiritually determined."

She began by taking one class and eventually finished her degree in fine arts. She focused on picking up reply and video.

"Her work is very passionate. It's conceptually and spiritually determined," said her husband, Grant McConnell, a painter and sculptor who taught art at the University of Saskatchewan at the same time Amersbach was enrolled. He did not teach her to respond.

She considered getting a master's degree in fine arts, but wanted to do something where she could help others in a tangible and concrete way. She wanted to directly change lives.

People told her that her school was too difficult and even Canadiana struggle to finish. This gave her all the more motivation, so she spent years studying intensive legal texts in her second language. Now, she

teaches immigration law classes at the university and has her own practice.

"I knew when I came to Canada that in order to succeed, I had to educate myself and find a field or position where people couldn't push me around. It is such a powerful position to be a lawyer. People respect you," she said.

Now, as one of the few immigration lawyers in the city, she handles a mix of immigrants and refugees from frequently fringe or Amersbach's hard work.

"It's a challenging area of law for sure. It's whether or not someone's going to be sent back to their country, whether someone will be reunited with their spouse or if someone will be detained in their country," said Chris Veeman, another immigration lawyer in Saskatoon.

Today, Amersbach is fighting to re-

unite a Pakistani family.

Ashraf Afridi lives in Saskatoon alone, after the government would not recognize the adoption of their son, Agha. His wife, Wafeda, refuses to leave one of the most dangerous regions of Pakistan without him.

The process is still underway, but again, Amersbach persuaded the provincial government to send an official letter of support to the federal government. She is hopeful the family will be reunited soon.

Reluctant her emotional and demanding career, but her family life has been another of Amersbach's ambition goals.

While fighting for the rights of families, she has expanded her own. While attending law school, she had two more children. Ashraf is 13

and Niko is 11.

"Her work is hard on her, you know as it should be. There are some late years that have a thick skin, but she's allowed by all these injuries, history and misadventure," said her husband McConnell.

"She's got a tough side, which is what's usually seen in the public, but she's also a very loving person," he said. "If you're loving, it puts you in a better place, maybe you're more vulnerable, but when you're negotiating all these human stories, it makes you more capable."

After working for other law firms, she decided to set up her own practice. Now she is also taking most of her work from her home office, while still receiving clients in her downtown office.

Although she often works from home, her morning ritual always consists of taking a shower, putting

on makeup and wearing nice clothes as a way for her to feel prepared to take on whatever comes her way.

"A family needs a lot of attention and I want to make sure I am always there for them," she said.

Her happiest moments, she said, materialize when she makes them happier. As a family they like to travel, ride horses, play table tennis — all the normal things as she said.

"My kids are such interesting personalities because they are Canadian but they still have strong ties to my culture. It's funny though when they try to change their immigrant mother. It's too late! It's like when you're on a vacation," she said.

Sometimes when friends of her children come over for dinner, her family asks her to modify what she cooks. She does not.

"Let them try it," she said, laughing.

Her work is hard on her... There are some lawyers that have a thick skin but she's altered by all these injustices, bigotry and antiquated laws. — Grant McConnell



Melinda Beardsley, sister Saskatoon home, sits in front of her portrait, painted by a friend. Photos photo by Michelle Biele

Her standing here before the struggles she's been through. Her philosophy is not to dwell on the past and instead focus on mistakes and move forward.

"You call a place home when you feel like you can be yourself and Canada is absolutely my home. There are times when you feel, maybe everyone does, that something is missing

because I wasn't born here," she said.

"But generally speaking, I'm very happy and I don't think a day goes by that I don't agree with being here. I just don't know what I would have been if I went anywhere else."

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Send your questions to me at the address below, then watch Beidges for the answers.

Your pal, Chip

Patricia Leanne Brown Beidge
18 1/2 x 44 Highway 49
Pawnee Village, Sask S0 0 0

Send your questions to me at the address below, then watch Beidges for the answers.



Meewasin



IN THE CITY

JULY 30, 2014 — 8:46 P.M.

Acting out



Speed Theater | Andrew Wade performs a two-minute pre-view from his upcoming show *The Most Honest Man in the World* on the eve of the 35th anniversary of the Broadway Theater. **ARND BRONKHORST/ARND BRONKHORST**

READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

GLADYS MCELREA

Dying to Live: Death May Be a Second Chance

I believe that my book was conceived the morning I awoke from a rather weird dream involving, strangely enough, an angel.

For several weeks, images from that dream continued to replay in my mind, causing me to wonder what, if? What if the person transferred into an angel was a truly someone who and mother and someone with baggage?

Most stories of this genre are about single twenty something women, with no family ties. How would the research this new character with her past human one and how would her family react to the new version of her? Would she willingly choose this, and if so, what would compel her to do so? My imagination burst into flames with the possibilities.



Gladys McElrea

While the theme of *Dying to Live* is a dark one, I feel that I have achieved a blending of light and dark with this book. Many characters that come up for the main character and her family can't help but end up in human life is just like that. It

he desperately wants to keep her transformation a secret, but secrets have a way of slipping out into the light when you least expect. Her new existence brings about more changes in her body, mind, and spirit — changes that often have she interacts with others and deals with issues of non-verbal nature.

In order for Cheryl to find lasting love and joy she must learn what to hold onto and what to let go of. She must discover that real love is unconditional.

At the time the story came to me, I was writing and performing music in the hallway Ontario region, with no intention of publishing a novel. But like the song I composed, the story refused to be denied. Writing a novel is a different process than composing and producing music, so I was grateful for the eleven year odyssey until I had taken. I worked at it on and off over a three year period and through two major moves, first to Montreal, then back to Ontario.

Dying to Live: Death May Be a Second Chance can be purchased at *Cherry Book Store* in the *Midtown Plaza* and *McVid's Bookstore* in *St. Catharines*, or ordered on line and from other local book stores. ISBN 978-1-8616-293-6

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August 31, at 2 p.m. Plain Air Workshop for Adults. Instructed by artist Nancy Lowry. All skill levels welcome. Materials provided.

August 31, Drop-in, 2 to 4 p.m. Artists at Work. Commemorate Labour Day with art.

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battle outside the ring

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CORRECTION NOTICE

The Samsung Galaxy S5 Mobile Phone offer (with Rogers only) on page 16 in the 2014 Target Back to School Catalogue requires a printed coupon for redemption. The coupon can be found and printed at www.target.ca/coupons. We regret any inconvenience this may have caused.



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ON THE SCENE

#CAMEROCARER CONCERT SERIES: BARENAKED LADIES

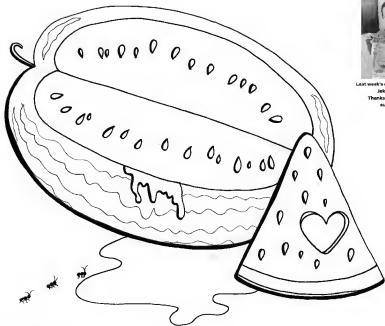
The Barenaked Ladies played a sold-out show in Sassexton on July 30 in the Bensborough Gardens. More than 3,000 came out on the hot summer night to hear the band's classic hits and a range of covers. Camerocarers, a well-known community event donated 100 per cent of the ticket proceeds to the tune of \$160,000 to the Royal University Hospital Foundation. Atla Gustafson, CEO of the hospital foundation, told The Star Phoenix the funds will go towards day-to-day patient care.

1. Jade Lynshuk and Melanie Lynshuk
2. Norma Mciver and Beth Davis
3. Chad and Shawn Barker
4. Michael Lynshuk and Kieran Gessing
5. Samira Stock and Angela Namchuk

BRIDGES PHOTOS BY MICHELLE BERG



BEST OF: OUTSIDE THE LINES



Last week's contest winner is Jacob Simon, Age 5. Thanks to everyone who submitted entries!

Colouring contest

Each week, Stephanie McGee creates a timely illustration meant to inspire kids of all ages.

Children can colour the page here >

picture taken with the finished product and email it to stephmcg@hatchphenix.com. One winner will be chosen each week.

Please send entries by Monday at 5pm.

EVENTS

MUSIC

Wed., Aug. 6

Osmond Artist Reveal
Featuring the Phoenix Music Academy 2014, with Glenn Van Loeys, Les Nelsch and Dean Murrell
6 p.m., Quince Theatre Education Building, U of S

Ross Malcom-Bruce
Buds on Broadway
517 Broadway Ave.

Queens of Hip Hop w/ Charly Hustla
302 Lounge & Discotheque,
302 Pacific Avenue

Thurs., Aug. 7

Swindler Showcase
Featuring the Phoenix Music Academy 2014
5 p.m., Vinny Memorial Bandstand
Howard Park

Alan Jude
Corkiers Restaurant & Lounge
9-127 Fairhouse Dr

Psycho Devils
Buds on Broadway,
517 Broadway Ave.

RedRedRedRed
O'Brien Event Centre,
341 Second Ave. S.

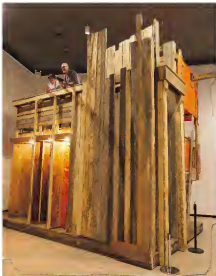
Fri., Aug. 8

Academy Blues Band Glee Concert
Featuring the Phoenix Music Academy 2014
7:30 p.m., Quince Theatre Education Building, U of S

Ripper Train
Buds on Broadway,
517 Broadway Ave.

SDT
Amp & Nerve Club,
350 First Ave. N.

100 Mile Rock Trio
McNally Robison,
3130 Eighth St. E.



"Down to the River" by Cedric and Nathan Benford is on display at The Infected Art Gallery until Sept. 8. Photo: Photo by Jeff Korda

Robb's Rhythm Kings
Fairfield Senior Centre/
Corkiers,
103 Fairmount Ct.

Celestine w/ Weak Ends, RingLeader and Vicent Eym
Vegasia Tavern,
801 Broadway Ave.

Frankie McQueen w/ The Department Heads and Pandas in Japan
Rock Bottom,

8348 Broadway Ave.

Urban Outfitters
Star's Place,
106-80 Ruth St. E.

Mitch Deloncourt - Twenty
Pizz's Pub and Grill,
1000 Highway 63 N.

Geoff Bell and Helen Cabera w/ Caves, Wizards and Apertion
The Underground Cafe,
430 20th St. W.

Sat., Aug. 9

Percussion Residency Concert
Featuring the Phoenix Music Academy 2014
12:30 p.m., Quince Theatre Education Building, U of S

Ripper Train
Buds on Broadway,
517 Broadway Ave.

SDT
Amp & Nerve Club,

359 First Ave. N.

Phoenix
Downtown Legion,
106 Spadina Cres. W.

Driftwood
Nelson Legion,
3001 Louisa St.

Sam Okposoke and Becky Resner
McNally Robison,
3130 Eighth St. E.

Urban Outfitters
Stadium Place,
106-110 Ruth St. E.

Mitch Deloncourt - Twenty
Pizz's Pub and Grill,
1000 Highway 63 N.

Sun., Aug. 10

Jack Miller
Buds on Broadway,
517 Broadway Ave.

Alexa Decina
Vegasia Tavern,
801 Broadway Ave.
Mon., Aug. 11

3 Strings Percless
Buds on Broadway,
517 Broadway Ave.

Tues., Aug. 12

3 Strings Percless
Buds on Broadway,
517 Broadway Ave.

ART

Mascul Art Gallery
Until Sept. 14 at 150 Spadina
Cres. E., Summer exhibit:
Works: "Emotional Beauty" in
the Company of Emily Carr;
Symphonic Maps, examining
the Canadian northward
from diverse perspectives; A
Vital Force, works from 1933-
53 by the Canadian Group of
Painters. The Artists by Artists
Mentorship Program reflects
Sara Weinger's work with
Harriman/Maria Lemme

Arlene Gallery

Until Sept. 11 at 813 Broadway
Ave. A show about Nothing:
Works by Emma 2014
International participants
and invited artists. The Emma
International Collaboration,
a conference series that gathers
100 artists from around the
world, runs until Aug. 1.

Gordon Goudge Gallery
Until Aug. 8 in Room 181 of the
University of Saskatchewan's
Museum Building. DIFFUSION:
An overview of the photo-
graphic work of international
artist and writer C. Ian Lissner.
Reception Aug. 7, 7 p.m. to 10
p.m. Eighth USGAD Certificate
Student Graduate Show runs
Aug. 11-21. Reception Aug. 15,
7:30 p.m. to 9 p.m.

SDXAP Gallery

Until Aug. 8 at 253 Third Ave.
S. Walking on the Mill Side by
Gerry Benita. An art show about
animals and characters based
on animals on canvas. Reception
Aug. 8, 6 p.m. to 9 p.m.
Works by Karole Hertenbach
run Aug. 11-19. Reception Aug.
12, 6 p.m. to 9 p.m.

Phoenix Star Gallery

Until Aug. 21 at 106 Eighth
St. E. Persistent Beauty:
Views from the Edge of the
Tar Sands. Paintings by Gerry
Benita. People Land and Sea,
a video by Gerry Benita plays
Aug. 8, 7 p.m. Artists talk and
Tour Aug. 9, 8 p.m. Opening
reception Aug. 10, 7 p.m. to 10
p.m.

10th Annual Thickened Hills
Studio Trail

Aug. 9-10, 10 a.m. to 7 p.m.
in the Sholl Lake area. A self-
guided tour of unique studios
each artist is hosting a guest
artist and an array art in display. Visit thickwoodstudio.com

Black Spruce Gallery

Until Aug. 14 on Highway 2
Northside The Men Who
Paint show

PHOTO COURTESY OF THE INFECTED ART GALLERY

EVENTS

The Gallery at Frances Morrison Central Library

Until Aug. 14 at Frances Morrison Central Library
Open: 10 a.m. to 5 p.m.
Frances Morrison Central Library is showcasing the creative possibilities of ambiguity and juxtaposition.

Hand Wave Gallery

Until Aug. 14 at 409 Third Ave. N.
Mischum: The Bones of It, ceramic sculptures by Anita Mischum.

The Still Gallery

Until Aug. 15 at Collective Coffee, 220 10th St. W.
New work by any tempo are on display. An artist reception and show, with works by Cindy Pellerin, Iris Hauer and Jackie Miller, runs until Aug. 10 at Area, 249 Second Ave. N.

The Storefront Gallery

Until Aug. 25 at 234 30th St.

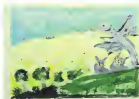
W. Paper Campaign: Artists and poster exhibition of local and national artists and designers.

Peved Art

Submission deadline is Aug. 29, 5 p.m. at 424 20th St. W. or artists@pevedart.ca
Art the Bridges call for submissions. Open to all Saskatchewan-based video, film or media artists, they are looking for short video or film works to be screened as a part of the 2014 Culture Open Festival on Sept. 27 at 6 p.m.

Kalting Plus Art

Until Aug. 30 on the eighth floor of the Delta Beach-ouff Hotel. The mixed media floor work of Aboriginal artist Heather Stillingale.



Duck and Coyotes by Omyrin Stojek is on display at the Ukrainian Museum of Canada.

Station Arts Centre, Southern

Until Aug. 30 at 181 Railway Ave., Southern. Northern Landscapes by Melinda Palet, Cam Forrester, Greg Hargreaves, Paul Trotter, Roger Trotter, Ron Van Rie. Opening reception July 5 after the opening night of the summer theatre production of *Friday's Yard*.

Art in the Centre at Parkridge Centre

Through August at TIO Gropper Crea. Works by Wetermaria and Hrande.

Moosehead Valley Centre Gallery

Through August at 400 Third Ave. S. Take a Walk With the stories of Saskatchewan by Patricia L. Clarke. Original watercolours inspired by walks and travels along the Moosehead Valley and beyond.

Humboldt and District Museum and Gallery

Until Sept. 27 at 601 Main St. in Humboldt. Two Perspectives, pottery and paintings by Mel Eden and Karen Holden. "Saskatchewan Stitches Quilt Block Challenge" runs until Sept. 21.

Ukrainian Museum of Canada

Until Oct. 5 at 910 Spadina Cres. E. Omyrin Stojek: The colours of His World. A reception and screening of the documentary *The Subversive Advantage* will be held on a Friday in September at 7:30 p.m.

FAMILY

Sign, Play and Explore Workshop

First Wednesday of each month through December, 10:30 a.m. to 11:30 a.m., at the Pregnancy and Parenting Health Centre, 340 Third Ave. S. Parents and their babies/toddlers explore their world, develop skills and engage in developmental learning experiences. Monthly inspiration is required. Email: katie@nwjw.org or nwhc@nwjw.org, visit: nwhc.nwfamily.com.

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EVENTS

Stars and Strollers

Wednesdays, 1 p.m., at Centro Cinema in The Centre. Choice of two movies each week. A baby-friendly environment with lowered volume, dimmed lighting, a changing table and stroller parking in select theaters.

LLLO Soakathon Toddler Meeting

First Wednesday of each month at Augustine Church, 1201 Broadway Ave. All interested women are welcome. Call 306-550-4600 or email lllosoakathon@gmail.com

Free YAS Mini-Kids Camp

Aug. 6-8 at Cosmos Civic Center, 3330 Lowell Dr. For ages eight to 15. Hourly by theme activities, talent show and Hall's Honor. All games, equal play, skills development. Register at yasc.org.

Fun Factory Indoor Playground

Daily at 10:30C Quebec Ave. a giant indoor play area for young children, adults and children under one year are free. There is a separate fenced-in area for children under two.

Children's Play Centre

Daily at Lawson Heights Mall. A fun, safe environment for preschool children to play. Please note this is a supervised play area, and adults must stay with and supervise children at all times.

Market Mall Children's Play Centre

Daily just off the food court at Market Mall. This play area is free and has several indoor slides. Children must wear socks in the play areas.

Breastfeeding Cafe

Thursdays, 10 a.m. to 11:30 a.m., at Westside Birthing Health Center, 3330 Twilight Dr. A drop-in support group for breastfeeding women



Soakathon Zoo Sanction Campers on Mondays to Fridays until Aug. 22 at the Soakathon Zoo for kids ages seven to 15. (J. R. FROST)

Sessions will be facilitated by a lactation consultant with a brief educational presentation, and time for interaction with the other mothers.

Meets for Mommies

Wednesdays 1 p.m., at Rainbow Gardens in The Centre. An infant-friendly environment with reduced sound, change tables, bottle warming and stroller parking.

Canadian Light Source (CLS) Public Tour

Thursdays, 1:30 p.m., at the Canadian Light Source, 44 Innovation Blvd. This synchrotron research facility is open for the public. Development is required. Call 306-697-3044, email outreach@cls.ca or visit lightsource.ca/visiting-public_tours.php.

Two-Day Art Camp

Aug. 7-8 at Joanne Merclien Artwork, 1517 Cumberland Ave. For children ages eight and up. 10 events will teach drawing and painting techniques using pencil, acrylic, water color and chalk pastel. Call 306-238-2256.

Phonetic Talk**Summer Session**

Until Aug. 30. Thursdays at 7 p.m. and Saturdays at 11 a.m., at Balance Within Energy and Wellness, 303 Third Ave. S. The week classes taught by Nina Zettl. A safe and nurturing environment for mothers-to-be. Inquire for the birthing process through breath-work, relaxation and meditation techniques. To register email freedomhome@ycompu.com or just call.

Shop It Small!

Fridays, 9:30 a.m. to 10:30 a.m., inside in front of Customer Service at the Mall at Lawson Heights. Classes consist of power-walking, belly-soothing moves using exercise tubing and also a socializing for parents available. For register at rainbowsoakathon.com. No classes on staff holidays.

Coffee Time for Mom

Fridays, 10 a.m. to 11:30 a.m., at Market Mall. Tues. 11:00 Central Ave. Moms enjoy a free cup of coffee while children play in the playground.

Ruby Talk at SPL

Fridays, 10:30 a.m., at Abbie Turner Enrichment-Mondays, 10:30 a.m., at Curly King Enrichment and 25 Wood Enrichment, Tuesdays, 10:30 a.m., at Cliff Wright Enrichment. Half-hour singing and rhymes. Time mingle with other parents.

Craft and Story Time

Saturdays, 9 a.m., at Indigo Books, 3332 Eighth St. E. in the kids section. Call 306-344-5317.

Postnatal Mom

Mondays, 12 p.m. to 1 p.m., at Inspiring and Rewarding Health Centre, 368 Third Ave. S. Register to meet other new moms to discuss how to help with postpartum recovery. Stay friendly class with a certified yoga teacher available for four weeks to two years pregnant. Register at inspiringwell.com/bumpnrg. No class on staff holidays.

Phonetic Talk

Mondays, 8 p.m. to 7 p.m., at Pregnancy and Parenting: Health Centre, 368 Third Ave. S. Taught by a doulas and certified yoga teacher. Informa-

tion and safe for any stage in pregnancy. Call 306-251-0463 or email maggie@ppl.com. Some no-class on staff holidays.

Funky Artantix Summer Kids Camp

Aug. 11-15 at Funky Artantix Studio. For ages eight to 11. Discover elements of art, use many media types and sources, explore new techniques and application, learn art history, and keep a daily sketchbook. With a field trip to the Menden Art Gallery. To register email funkystudioartantix@gmail.com.

Engineering for Kids Summer Camp

Aug. 18-19. Inspiring the next generation of engineers. The Engineering of Medieval Times for ages seven to 11, and Junior Chemical and Civil Engineering for ages four to six. For information or to register visit engineeringforkids.org/registration.

YAS Beak and Nail Kids Camp

Until Aug. 31. 8:30 a.m. to 3 p.m., in Saskatoon. For ages seven to 15. Skill development, camp games, teaching, fun, fundamentals and basic skills. Finishes with the north-south summer tournament. Aug. 22-23. To register call 306-243-3425 or visit yasc.org.

CLC's Summer Camp

Mondays to Fridays, until Aug. 21, 9 a.m. to 12 p.m., and 1 p.m. to 4 p.m., at 4010 Saskatoon, S4S 0S5 Eighth St. E. Various art camps for kids ages five to 12. Visit clc.ca.

Romp n Read Parent and Preschooler Camp

Until Aug. 23 in Saskatoon. The camp is designed for parents and their preschool child to enjoy active rhymes, games, crafts and activities together. Register at 306-852-1444 or randread@saskatoon.com.

Huskie Hockey Camp

Mondays to Fridays, until Aug. 22 at Rutherford Arena at the U of S. For ages five to 15. General off-ice hockey instruction as well as other off-ice activities. Visit recservices.usask.ca.

Salvation Army Beaver Creek Camp

Mondays to Fridays, until Aug. 22 at Beaver Creek. Includes music camp, adventure camps, swim and kids camps, team camp and family camp. Visit beavercreekcamp.ca.

Agile's Discover Day Camps

Mondays to Fridays, until Aug. 22, 9 a.m. to 4 p.m., at the U of S. Callings of Agriculture and Biotechnology, 31 Campus Dr. One-day camps, one four-day camp, camps must bring a lunch. Register at agile.usask.ca/summer-program.php.

Sci-Fi Science Summer Camps

Mondays to Fridays, until Aug. 22, 9 a.m. to 4 p.m., at the U of S. Science camps, technology camps, computer science camps, medical science camps and various marine camps. Visit scifiscience.usask.ca.

Summer Art Camp

Mondays to Fridays, until Aug. 22, 9 a.m. to 4 p.m., at Menden Art Gallery. For ages six to 12. Draw, paint, collage, design, build, imagine and play. To register call 306-575-8487 or email toni.seli@mandel.ca.

Summer Ecology Camp for Kids

Mondays to Fridays, until Aug. 22 at the U of S. Various five-day camps for kids ages eight to 11. Visit scientists and learn about various elements of the environment. To register call 306-966-5539.

EVENTS

Living History Children's Workshops

Mondays to Fridays, until Aug. 22 at the U of S Museum of Antiquities. For ages 10 to 12. Activities, art projects, crafts, games and workshops featuring the customs of the ancient and medieval world. Visit uofsa.ca/antiquities/ for info.

Saskatoon Zoo Summer Camps

Mondays to Fridays, until Aug. 22 at the Saskatoon Zoo. For kids ages seven to 14. Spend a week at the zoo and get to know the animals. Hands-on experiences, crafts, and games. Big lunch and snacks are served Monday to Thursday, with a campfire lunch Friday. Visit saskatoonzoo.ca/education.

Huskie Sports Camps

Mondays to Fridays, until Aug. 23 at the U of S. For ages 12-17. Wrestling, basketball, contact football, volleyball, and various soccer camps. To register call 306-966-1001 or visit huskiesports.ca/varsity-camps.

Summer Kids Day Camps

Mondays to Fridays, until Aug. 24, 9 a.m. to 4:30 p.m., at Wewakewah Heritage Park. For kids ages seven to 10. Exploring, crafts, First Nations history and entertainment. Healthy snacks and lunches are included. To register call 306-931-6767 ext. 344, or email carson.moss@wewakewah.com.

Carleton Hockey Camps

Various camps Mondays to Fridays, until Aug. 29. For kids ages seven to 12. Players must wear full hockey equipment. Visit hockeysports.com/varsity/hockey-camps.aspx, call 306-955-3666.

Children's Activity Camps

Mondays to Fridays, until Aug. 29, 9 a.m. to 4 p.m., at the U of S. Organized by the College

of Kinesiology. For ages five to 12. Various activities in full- or half-day camps are available. Visit uofsa.ca/varsity-camps. To register call 306-966-1001.

Bibbidi Bobbidi Boo Playroom

Mondays to Fridays, 10:30 a.m. to 4:30 p.m. and late night. Thursdays, at 6844422222 504 St. 10-105 Central Ave. With a wet area, kitchen and shopping centre, puppet theatre, stage and crafts. To book groups, or to check for availability, call 306-354-4791 or email bobbibobbiboo@sasktel.net.

Hogwartz

Tuesdays, 9:30 a.m. to 11:30 a.m., at Grace-Westminster United Church. Hosted by Marie Belars-Lanning Community, a group of families inspired by Waldorf philosophies. Programming is filmed at children ages two to five, but all ages are welcome.

Preschool Story Time

Tuesdays, 10:30 a.m. to 11 a.m., at McNelly Robinson, 3100 Eighth St. E. For children ages three to five in the Circle of Trees. Call 306-950-8477.

Puppets at the Mear & Saskatoon Library

Aug. 12, 10:30 a.m. to 11:30 a.m., at the Mear Residence, 328 17th St. E. Presented by staff from Milestone Valley Centre. A story about the early years of Saskatchewan. Donations are appreciated. Information at 306-565-5885. ehslib.org/mearsham.

Neuroly Years

Tuesdays until Aug. 26, 7:30 p.m. to 9:30 p.m., at Pregnancy and Parenting Help Centre, 3431 Third Ave. S. A comprehensive children's education series, inspiring parents for the birth of a child. To register visit birthdays.ca.

Mom and Baby Outdoor Stroller Fitness Classes

Tuesdays and Thursdays until

Aug. 26, 10:30 a.m., along the Merivale Trail. Meet new moms and get a whole body workout. To register and for starting location call 306-370-2038 or email SaskatoonGrumpies@gmail.com. More information on Facebook.

Agriculture in the Classroom Summer Garden Program

Tuesdays to Fridays through August. A free all ages drag-in program. Activities and games surrounding gardening, healthy eating, sustainability, and cultural perspectives.

Tuesdays, 1 p.m. to 3 p.m., at Mayfair Community School and Sutherland Forest Grove Community Garden, Wednesdays, 1 p.m. to 3 p.m., at Cornhill School. Park Community School and St. John School. Thursdays, 1 p.m. to 3 p.m., at Westmount Community School and St. Anne School, and Fridays, 10 a.m. to 12 p.m., at St. Marie Goretti Community School and 1 p.m. to 3 p.m. at Vincent Massey Community School. Call 306-938-1030 or email katej@parks.ca.sk.ca.

Gen Art Gymnastics Camps

Until Aug. 29 at 3103 Mitchell Ave. Various schedules for ages two to 16. Visit campgenart.ca.

BRINKS 4 KIDS® Saskatoon

Regular after-school programs, preschool classes and camps for kids of all ages at various locations in Saskatoon. An atmosphere for students to build unique creations, play games, and have fun using LEGO® bricks. Visit brinks4kids.com or call 306-979-3346.

Saskatoon Public Library Programs

Offering daily programs for children and families. Find the calendar at saskatoonlibrary.ca/programs.

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Gene McInnes (2nd row, second from left) with Saskatoon (2nd row, 1st).

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EVENTS

SPECIAL EVENTS

The Saskatchewan Dance Project Workshop & Company Auditions

Aug. 6-7, 9 a.m. to 4:30 p.m., at Centre Saskatchewan, 355 Pacific Ave.

Walk on Wednesdays

Wednesdays through August, 10:30 a.m., starting at the Museum Building. History informed for walks with a Meet-and-greet program at the end of July 23, History Along the River. For information call 366-505-5888.

Countryman Campus Tours

Wednesdays and Sundays, 1 p.m. to 2:30 p.m., through August, starting at the Glenfleur Country Centre, a leisurely walking tour of the U of S campus highlighting history, achievements and architecture. For information or to reserve a spot call 366-566-8364, or email ed.centre@usask.ca.

Dancing in the Park

Aug. 6, 7:30 p.m. to 10 p.m., at the River Landing Amphitheatre. Informal, social dancing with the Saskatoon Scottish Country Dance, visit saskdances.org.

Evening Market

The First Thursday each month, 6:30 p.m. to 9 p.m., at the Saskatoon Farmers' Market.

Emma International Collaboration Auction

Aug. 13, 5 p.m. viewing and silent auction and 7 p.m. auction, at AKA Gallery and Paved Arts Gallery, 434 20th St. W. View and purchase one-of-a-kind by 102 international, national and local artists (tickets at the biennial).

SFPC Dances

Thursdays through August, 7 p.m., by the Jean Centre.



The eighth Annual Dakota Dance Centre Powwow runs until Aug. 7 at Dakota Dance Centre. BROOKS PHOTO BY ANDREA STRAIN

Dakota Involvement in Khawasa Park, Saskatoon International Folded Club (SIFC) dancers. Learn dances from many countries around the world. No admission, visit sifc.usask.ca.

Eighteenth Annual Dakota Dance Centre Powwow

Until Aug. 7 at Dakota Dance Centre. Celebrate First Nations culture and heritage through music and dance.

17th Annual John A. Macdonald Rally

Aug. 7-10 at Windy Acres, seven km southwest of Saskatoon. Four days of fiddle music, dance and arts.

Street Legal Racing

Aug. 6, 9:30 p.m., at Saskatchewan International Bowling Street racing in a safe and legal environment. Admission at the gate.

River Landing Market

Saturdays and Oct. 4, 9 a.m. to 2 p.m., at 120 Somerset. Meet Saturday markets alongside the Farmers' Market. A wide variety of art, jewelry, home furnishings, fashion and décor.

Pinkies Race 88

Aug. 9, 12 p.m., at Saskatoon

International Bowling Admission at the gate.

Yoga@the Saskatoon

Aug. 6, 6:30 p.m. to 8:30 p.m., in Rotary Park. Presented by Ground Yoga. A four-hour yoga fundraising event. Fun-henry, live music, positive energy and peace. Funds will support the Rot Fund and Winnipeg Yoga for Youth. Visit yogaforsaskatoon.com or yocanor.com.

Uptown Staging String Dance

Aug. 9, 8 p.m., at First Royal Centre Centre, 324 25th St. W. Saskatoon. Linda Hynes, recently using dance, held the second staging of cash match. Beginner lessons at 8 p.m., followed by dancing. All ages and all levels welcome. Tickets at the door. Visit saskatoonstage.com or uptownstage.com.

Planner Stages

Aug. 10, 11 a.m. to 11 a.m. at the May Boulevard, 326 18th St. E. The Downtown Canada Centre will be bringing pioneer guests and activities from the Little Store School to the house. Come and enjoy like they did in 1854.

18th Annual West Coast Garden Tour

Aug. 10, 1 p.m. to 3 p.m., around Saskatoon. A self-guided tour of seven flower gardens. Garden Tour happens at Bessie, Dutch Gardens or Ardenburg. All proceeds support the work of West Saskatoon, a volunteer group that helps to ease refugee women and their families in the city. Information at 366-379-4808.

Points Race #9

Aug. 10, 10 a.m., at Saskatoon International Bowling Admission at the gate.

Saskatoon Exhibition

Until Aug. 10 at the Saskatoon Exhibition Grounds at Provincial Park. Fairs, games, a walking tour, the strongest competition, the music, vendors. Visit saskatoon.com.

Ninth Annual Northern Lights Blues and Old Time Music Festival

Aug. 10-11 at the Northern Light Blues & Old Time Music site, 20th Street West of Big River. Featuring Jeff Scragins & Colorado, Los Hornos, The Tassie Horns, Les Vent du Nord, The Double Band Brothers, Cabin Wakes, Ryan Bold, Freddie & Shelle, Peltier and The Grindpicks. Tickets at northlightsmusic.com, Long & McQuade.

McNally Robbins, or at the prize. Advance ticket sale prices until Aug. 10.

Honolua/Honolua Memorial

Aug. 11, 7 p.m., at the Peace Pole in Rotary Park. Featuring representatives from City Council, the Saskatoon Japanese Association, and the Aboriginal community with the Japanese Children's Choir, drumming, and a candle lighting ceremony. In case of inclement weather, the event will be held in Grade-Westminster United Church.

Northern Lights Music Camp

Aug. 11-15 at the Northern Light Blues & Old Time Music site, 20th Street West of Big River. Play and a night in blues and old time music. Classes in fiddle, guitar, dobro, upright bass, mandolin, dobro, and time playing, and blue banjo, and steel harmony for all skill levels. Visit northlightsmusic.com.

A Tourist's Approach to Dance

Aug. 10-15 at the First Royal Centre, 324 25th St. W. Learn dance through Latin movement analysis, and dance fundamentals. With Dennis Redick. A professional development workshop for dance artists and educators. Visit dennisedick.com.

Third Annual Golf "Forn" Auction

Aug. 14, 10:30 a.m. registration, 1 p.m. tee-off at Moon Lake Golf & Country Club. Includes 15 holes of golf, lunch, prizes, a silent auction, and a chance to win a Roughton VPR fun experience. Register at autumnwinds.ca 366-88-703 ext. 0. Proceeds go to Action Sports of Saskatoon.

A Local Food Celebration

Aug. 16, 5:30 p.m. to 8:30 p.m. dinner at the Oiler School Grounds across from

the Community Hall in Oiler. Presented by Saskatoon Food Centre. A dinner showcasing locally produced food with an interactive speaker station and a cash bar. Tickets at gpc-skc.com 366-23-9942.

THEATRE

Mesa

Aug. 6-24 at Station Arts Centre, 701 Selwyn Ave., Rosethorn. When Paul and his wife's grandfather build a house on a site from Calgary to Mesa, Arizona they have very different goals in mind. What begins as a desperately long trip for this arid city turns into a warm hearted self-discovery. A friendship and self-discovery with plenty of laughs along the way. Tickets at 366-332-5432.

The Pottery Club Presents Theatre Festival

Until Aug. 9 on Broadway Avenue. Indoor theatre, kids' stage, street vendors and street dancers. Tickets at 250-0707 theatre.org.

A Class: Walk with Poetry Class

Aug. 12-24 at Pennington Theatre. A Globe Theatre production. Follow the legendary country and western music sensation as she drinks to dancers. Items used freely. Visible to the community in this musical featuring her greatest hits. Tickets at 366-186-7727 (penningtontheatre.org).

Shakespeare on the Saskatchewan

Until Aug. 24 at the Shakespeare site. Scenes and Juliet and the Taming of the Shrew. Tickets at 366-7000, shakespeare.ca. Visit shakespeareontheSaskatchewan.com.

Don't miss any play, community or otherwise. Please contact us at 366-332-5432.

SHARP EATS

See a food trend you think deserves a highlight in Bridges?

Email bridges@thestarphoenix.com

or visit Bridges on Facebook

#SASKATCHEWAN FOOD SCENE

The best eats at new food trucks in Saskatchewan

By Jenn Sharp

There's no denying it, summer in Saskatchewan rocks.

One of the best parts is the proliferation of mobile food vendors on the streets of Regina and Saskatoon.

The Queen City was ahead of the game last year and boasts of more vendors than Saskatoon. The two cities have outdone themselves this year though. New food trucks (and carts, buses and trailers) are everywhere. The owners are really leaning it up a notch with gourmet treats, fresh locally sourced food and beautiful ethnic experiences.

To find out where your favourite truck is, follow them on Twitter or check out @popofftruck in Regina and @weststreet in Saskatoon. Want some suggestions for the top 10? Looking at Saskatoon's food trucks.

Head on for the 2014 round up of Saskatoon's food trucks and let me know on Twitter @JennSharp which ones are your favourite.

SASKATOON

SCOUT MEX HALL

A newcomer to the food truck scene, the burrito, \$5, will eat every day. Fillings like: steak, beef, and vegan (without meat level), make them anything but ordinary. The pay working the day I visited was really cute.

TRY: Spicy Double Chocolate Cookie. It's easily the best \$3 you'll spend this summer. Ginger, orange and cinnamon are in the chewy cookie, that's topped with sea salt. While your mouth says "yes please" to the sweetness, a slow burn builds to the kick of your throat from the cayenne.

TWITTER:
@ScoutFoodTruck



ACE BURGER

The folks at Chicago's Ace Burger know how to make a damn good burger. The lunchtime lineups at their new truck, Ace Burger, can stretch around the block.

TRY: Ace Style Burger. It's Toronto's answer: organic, stress-free, cheese and mayo, or the burger of the week.

TWITTER: @AceBurgerYXE



THRIVE JUICE CO.

Locally owned, and locally made, Thrive is Saskatoon's first cold-pressed organic juice company. Juicing has become a big trend and Thrive is passionate to push it — their juice costs upwards of \$20 but is well worth the price when you consider how much fruit and veg is used to make a glass.

TRY: Kiwi Your Roots is chock full of beets (great for dialing out the liver) while Clean Green is a chlorophyll detox drinker, perfect after a big night out.

TWITTER: @THRIVEJuiceCo

DRIFT CUPPER ICE POPS

Instead of the usual sugar-based and chemical laden poppers, Sam Benish's ice pops consist of real fruit and a simple syrup made from organic cane syrup and water. She peddles around Saskatoon on her "ice bike" which came from the food truck capital of North America — Portland — setting up shop on street corners in Riversdale, Broadway and downtown. She makes the pops, with flavours like watermelon mint and chocolate sea salt, by hand every night. Benish loves experimenting, too. Look for pops featuring beet or elderflower in the future.

TRY: Salted Caramel, Raspberry or Banana Caramel, \$3.

TWITTER:
@drifticepops



FLAVOURS OF INDIA

A newcomer to the Saskatoon Farmers' Market, the paleo chicken and sausage frequently sell out before they even get to the market.

TRY: Shu Panner, \$8.95. House-made cheese, cooked in ginger, garlic, butter, cream and spices, served with zesty bread, rice and salad (although the salad is nothing to write home about).



SHARP EATS

REGINA

SEAK'S CHICKEN

Chef Paul Rogers draws up delicious chicken out of the orange truck. Dipped in batter, then in his home-breading mixture, the chicken, from Pavee Farm, is served on its own or as a top of waffles.



TRY: Chicken and Waffles, \$6. A soft waffle topped with the succulent chicken, homemade bacon jam and gravy. It all melts together for a sweet, salty and somewhat strange combo. But it's quick because this useful dish gets going fast.

TWITTER: @seakschicken

EAT HEALTHY FOODS



coconut water. **TRY:** The hearty Rice Bowl.

The organic grocery store on 12th Ave. has a little food cart set up at the Regent Farmers' Market. Friendly staff sell a range of ethnic and Canadian dishes, like peanut curry, beef chili, chicken masala and red lentil dahl. They also sell kombucha tea and

SOUP...SIMPLY



from Orange Box Bakery on Regina.

TRY: The chili pickle is mind-blowingly good, so good in fact that a picture wasn't possible — it was gone too fast. The Rainbow Quinoa salad, \$10 for a meal, is for vegetarians, perfect for a hot day.

TWITTER: @SoupSimply

PRAIRIE OAWG CATERING

The biggest doggy dining in town, or so they claim. The dogs did in fact back garden and people came in a steady stream to get one of their own. Perhaps the most unique food truck, a huge hot dog grills the roof of the thing. Apparently it was converted from a group used as a movie set.

TRY: Grounds & Hot Doggy Grub, \$4.50, is in order or get a probiotic-rich burger for a more gourmet treat. The burger, particularly the Chicken Ranch, \$7, are great too. Just don't forget about their pickle on a stick.



FACEBOOK: Prairie Dawg Catering

MR. SPUGGS POUTINERIE

The poutine here, all 16 varieties, is quickly becoming the stuff of legends at one of Regina's newest food trucks. Include in classic spudgy corn topped fries, or venture into more unusual flavours. In any case, the fries are perfectly crispy and the cheeses are legit. Bangers, chicken strips and fishy things are also on the menu.

TRY: Canadian Pineapple Poutine. \$10. Pineapple is far from a traditional poutine topping, but it sure tastes good.

TWITTER: Poutineerie1995



NACHO FIESTA

Owner Ken Chaplin sure knows nachos. The menu is full of options: from vegetarian to supreme, plus a daily special. All are chock full of toppings and cheese. He's been operating the truck (technically a motorhome) for a few years now, mainly at festivals. That is the first year he's set up a shop at the Regent Farmers' Market and so far, it's been a success.

TRY: The daily special a few weeks back was Butter Chicken Nachos, \$6. Pick, goat cheese, peppers and butter chicken on top of rice, bread and nachos.

FACEBOOK: Nacho Fiesta Mobile Food Truck

SASKATON FOOGIE EVENTS

STREET MEET

Following up the Streets of Fries festival, Saskatoon's first food truck festival is coming!

WHERE: Sept. 6

WHEN: Spudman's Connected, between Second and Third Ave. **WHAT:** Saskatoon's first food truck festival, along with beer gardens and a stage for local musicians.

WWW: www.poutinefest.ca

23RD & WALL ST STOCK PARTY

This will likely be the most red blood party of the year.

WHERE: Aug. 16

WHEN: 23rd and Wall St.

WHAT: Secret Mix Hotel will be selling their famous burrito. Cool down with one. Street Cybers artists are going after. Lots to learn from. Investment Firms & Networks... they'll be opening records at their booth while you shop for natural products and vintage apparel from a variety of vendors.

WHO: Hosted by Citrus Cafe, Holmden's and Deane Street.

WINE WORLD

SASKATCHEWAN WINE SCENE

Why it's worth your time to chase old wine

By James Romanow

Last December a new wine from Spain came on to the B&B, called Anchoas.

I was working on my holiday columns as I noted it for work on January 8 ran into the winter at parties over the holidays anyone I ran into had one wine drinkers. Now as I could tell, the burgundy hunting wines of the province – a group of people after my own heart – descended on the SUGA like wolves on the fold. Amuse was sold out by the second week of January and stated that was until now

I don't keep a wine cellar. They only work for people who intend to drink just a handful of wines, from excellent vintages. Such wines are only subtly different and tend to taste the same. In short, a cellar is like trapping a fly in amber. I suffer from various ADD and need new and different tastes to be happy.

I want a whole planet of flies on which to feast. The problem with that is that I don't get to drink many old wines, and old wines have particular charms.

These days Californians make rule the world. Californians is a place that believes any thing just puberty is not worth your time. Fortunately for me, I'm not alone. The Spanish too love old wine and are addicted to relaxing wines that have been bottled and chilled forever.

If you want to find out why people like me



After old wine, you need to buy a bottle of Amuse Mouth Sling, tasting of fruit, this is a first rate wine to savour. Get a couple of friends to bring by a Grange and Reserve Rioja and compare it.

More wines, cocktails and beers on Twitter
@drbeers.

Crossword/Sudoku answers

S	P	A	T		R	O	R	E		M	O	I	S	T
A	L	R	A		E	L	B	A		O	M	C	U	S
P	R	A	N	S	P	I	Q	U	E	C	P	E	R	S
S	A	N		M	A	N	S			A	R	T		
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8	9	7	6	1	5	4	2	3
3	5	4	7	8	2	6	9	1
2	1	6	3	9	4	5	8	7
9	4	2	8	7	1	3	5	6
7	6	1	2	5	3	9	4	8
5	8	3	4	6	9	1	7	2
4	7	8	5	3	6	2	1	9
6	2	9	1	4	7	8	3	5
1	3	5	9	2	8	7	6	4

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